In lieu of flowers

their memorial service. We are most grateful that you thought of EPC during such a difficult time. Alan Abbott Peter Gietman Gloria Patterson Paul Robinson

Thank you to the families of the following people, who arranged for donations to EPC in lieu of flowers at

Margaret Keighley Ruth 'Merrie' Store

Planning a service or memorial is a difficult time. You may not wish to receive flowers or you may wish to thank EPC publicly. Requesting donations to EPC in lieu of flowers is a way to do this and also provides a way for others to express their condolences and honour their memory. For more information visit 'In Memoriam' at www.epc.asn.au

Thank you to everyone that donated to EPC's Christmas Appeal. Christmas can be a challenging time as the demand for our services greatly increase. With your help we were able to provide additional support to those in need.

Gifts in Wills

Thank you to the Estate of Frances Tsang for their recent gift.

Donor Appreciation High Tea

Save the date! After being postponed for the last two vears, we are excited to be able to hold our donor appreciation event in 2022!

If you have donated or fundraised for EPC, you are invited to EPC's Donor Appreciation High Tea Expo on Friday 27 May from 3-5pm. Your generosity will be celebrated at a delicious High Tea and exciting Expo showcasing the work we do.

Chat with our specialist staff, ask questions, and learn how your support has made a difference.

To secure your spot email events@epc.asn.au

Personal Fundraiser

Thank you to Mary Dunn for arranging for the family of Catherine Fisher to remember her on Christmas Day and to donate to EPC in her honour.

2022 Key dates

EPC client services available on all public holidays

27 April Personal Care Attendant Course 7-27 March EPC's 2022 Online Auction 5 & 12 May Short course for Registered Nurses (Div 1 & 2)

16-22 May National Volunteer Week 22-28 May National Palliative Care Week 27 May Donor Appreciation High Tea 16-22 October National Carers Week

9 October Pound the Pavement 4 EPC

If this newsletter has arrived at a difficult time, we sincerely apologise. We understand the difficulty in moving on after experiencing a loss. If you would like bereavement support, please contact us on 1300 130 813. Although the majority of our funding comes from Government sources. EPC also relies on community fundraising, bequests and donations to maintain the wide array of services and programs we provide. All donors are added to EPC's quarterly newsletter mailing list. To receive this via email instead of your postal address, or to opt out, simply call us or email fundraising@epc.asn.au

Telephone 1300 130 813

Address PO Box 2110, Rangeview, Victoria 3132 E-mail contactus@epc.asn.au Website

epc.asn.au

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Fastern Palliative Care of the Victorian Government



New Year Edition

Palliative care. Living well every day.



EPC's 2022 Online Auction 7-27 March



Pound the Pavement 4 EPC Community Fundraiser



Now Recruiting Volunteers Your visit changes the day



Donor Appreciation High Tea Save the date - 27 May

EPC's 2022 Online Auction

EPC's 2022 Online Auction will be held afford the cost of equipment. Hiring from 7-27 March. This is the first of two major fundraising projects for this year.

EPC's first ever online auction was held in 2020. It was highly successful and raised over \$8,000 for EPC's Overnight Respite and individuals that have sponsored this Services Program Appeal. Overnight respite in the last days of someone's life, is something EPC is very proud of being able to offer. Each year we now budget around \$100,000 for overnight respite. EPC will continue to raise funds for overnight respite, and donations can be directed to this appeal at any time.

This year we have another significant need. **EPC's 2022 Online Auction** is raising funds for our **Equipment Hire Financial** Hardship Appeal. In order for people to die at home, carers need appropriate equipment in the home. Whilst EPC is a free service, we do not cover the cost of equipment hire and delivery. EPC is fundraising to build an internal financial hardship fund for families who cannot

equipment can be expensive for many families and often the need is sudden and urgent.

We are so grateful to all the businesses event by donating items. The majority of our sponsors are located within EPC's local government areas. The support from our local community has been simply amazing considering the times we are living in.

This year our auction is bigger and better than ever! With over 50 items up for grabs there is something for everyone. We simply cannot thank our sponsors enough for their generosity. Please make a note of who they are so that you can support them too. Our amazing sponsors are all listed over the page.

To join in the fun simply visit epc.asn.au and look for EPC's 2022 Online Auction in the events section.

As we enter our third year of COVID-19, the need for

Message from Jeanette

community palliative care continues to grow. Acute health services are experiencing high demand and the need to expand services such as EPC is

Although EPC provides palliative care for anyone with a terminal diagnosis, people are being referred to EPC much later than previously. There is a growing need for EPC to respond to community demand more quickly. This is putting an increasing strain on EPC and on our workforce. Some of our staff have also been impacted by COVID-19 and this restricts our staffing resources, putting everyone under additiona

EPC needs increased funding in order to meet this community demand. Due to the effects of the pandemic we cannot expect governments to always increase our funding when they are also stretched. We need to turn to our community for more support. Our amazing community has always supported us, but right now, this support is needed more than ever

We have planned an exciting year ahead of fundraising. EPC's 2022 Online Auction starts on March 7 and our first ever Fun Run is on October 9 – Pound the Pavement 4 EPC.

We are so grateful to all those that donate to EPC. We use all of those funds to support people in their wish to stay at home and die at home. Supporting our clients and carers is just so important.

Jeanette Moody



acknowledges the support

EPC's 2022 Online Auction

Jump online from 7-27 March to bid in EPC's 2022 Online Auction! The auction is FULL of exciting bargains, with over 50 items including:

- Family passes to Bounce Nunawading, Puffing Billy, Gumbuya World, Luna Park and Heide Museum of Modern Art
- Wine from Alepat Taylor, Coombe Yarra Valley, Levantine Hill and De Bortoli
- Accommodation in the Yarra Valley and Phillip Island
- Hampers from Priceline, Natures Organics and Madame Flavour tea
- Handcrafted quilts, artworks and an original handbag from ELK
- Workshops for cocktail making and hand clay making
- A BMX bike and a new set of Taylor Made 2 Golf Clubs from Drummond Golf
- Vouchers for nurseries, endota spa and a family portrait, high tea for four at Parliament House followed by a tour, and a hot air balloon ride courtesy of Eastland!

100% of all proceeds go to our Equipment Hire Financial Hardship Appeal. This will assist clients in financial hardship to cover the cost of hiring equipment so they can avoid going to hospital or a hospice. For some clients, this means that their final wish to die at home can be met. Visit epc.asn.au/epc-online-auction



Volunteering at EPC

Volunteering in health during a pandemic has been extremely difficult. On top of additional compliance requirements, the volunteer programs have been required to open and close according to government restrictions. This has meant that EPC volunteers are never quite sure how long or short their time will be in their role before an email arrives saying that everything is stopping again.

EPC volunteers are the toughest breed there are. They have shown their resilience, courage, generosity and strength over and over again and this has been so important to our clients and their families. Here is what some of our clients have said about our volunteers:

'Even though I have only 3 hairs, it was so nice to have the volunteer hairdresser come to me. She gave me a two minute head massage and I loved it.'

'Pat and I have had the best day ever. We talked and talked and talked. I can't wait to see her next week. It was simply marvellous'

'I feel that doing my biography has really helped my cancer battle. Just talking to you all has helped me in my mental attitude, which is just as important to me as is the medical side of the treatment.'

'My mum was thrilled with the pictures taken, how nice the photographer was, and the time that he spent to ensure that we got some lovely pictures. He did a great iob and we really appreciate that experience.

The Palliative Paws team have transformed my dog's life and have transformed my life. Before they got involved my dog was getting no walks at all. Now he is out two times a week."

'Thank you for helping with my husband. I know you only came twice but he really liked you and enjoyed your company. It was also a comfort for me when you came to see me after he died. A great help in that time.'

'Mum was a passionate knitter and had knitted squares that she really wanted to complete into rugs to give to those important to her. She couldn't manage any longer though as she was so unwell. That's when Carol and Bev stepped in. We had a lot of laughs as Mum explained to them EXACTLY how the rugs were to be constructed. She was able to see the first one completed on the day she died.'

'Having to pick up all the work the admin volunteers do when they are not allowed into the office has shown me afresh the huge gift they are to EPC. Gold and diamonds are not worth more than they are'

Our volunteers change the day! Recruitment for EPC Volunteers is now open. Come join our tribe – see our ad below for further information.

Thank you to our online auction sponsors...

























































RECRUITING VOLUNTEERS

YOUR VISIT CHANGES THE DAY

EPC Volunteers bring a sense of community and normality to people living with a terminal illness in Melbourne's eastern suburbs.

Current opportunities include:

- Biography Over 1,400 stories published by awardwinning volunteer team
- Companionship & outings
- Support for carers
- Dog walking
- Photography Capturing precious moments
- Hairdressing Helping people shine
- · Giving a lift to medical appointments and a chat





Enriching our community through everyday acts of kindness

Pound the Pavement 4 EPC

10am Sunday 9 October Lilydale Lake

EPC is holding its first ever Fun Run! Everyone is welcome to walk or run 5km for EPC at 10am on Sunday 9 October 2022!

This community event will be held at Lilydale Lake to raise funds for EPC. Refreshments will be provided afterwards at the Lilydale Lake Community Hall. Visit www.epc.asn.au for updates and further details.



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