



EPC Working Groups
Working to make change



A fond farewell for Jeanette Moody



POUND THE PAVEMENT 4 EPC - Register Now



Christmas Cards
Announcing our 2022 designs

Welcome to our new CEO

EPC's Committee of Management is pleased to announce Ms Gaylene Coulton commenced as our new CEO on Monday 1 August, following the retirement of Ms Jeanette Moody.

Gaylene has over 20 years' experience in CEO and Executive roles across the health sector and comes to us after almost 2 years leading operations across 3 states for leading national private aged care provider, Regis Healthcare Ltd. Prior to that Gaylene was CEO in the primary health care sector for 11 years within the ACT Primary Health Network, the South Western Melbourne Medicare Local and the Southeast Primary Healthcare Network in southern Brisbane.

Gaylene stated "after being a community palliative care specialist Registered Nurse and Nurse Educator for several years, I feel like I am coming full circle in accepting this role.

I am very privileged to join my passion for the provision of high quality specialist palliative care in the setting of a client's choice with the values-based leadership and management expertise I have learnt over the intervening years."

Gaylene's passion has always been to improve health outcomes for the vulnerable in our communities and



this has seen her career focus on areas such as oncology and palliative care, community and aged care, health system reform and population health approaches to mental health, hospital avoidance, chronic disease management, indigenous health, homelessness and alcohol and drugs services.

Gaylene is very much looking forward to joining EPC, bringing with her a wealth of knowledge, enthusiasm and experience. Gaylene has spent her first month getting to know the organisation, the staff and Committee of Management. She is taking a few weeks pre-planned leave in September before returning to us refreshed and ready to lead the organisation in its next chapter of life.

Margaret Stewart | Chair, EPC Committee of Management

Message from Gaylene

Hello! Over the last month I have been very warmly welcomed into this wonderful organisation by the Committee of Management, staffing team and stakeholders. I was fortunate enough to have a lunch with Jeanette before her departure to assist with my handover and to meet the Senior Management team prior to starting. This has certainly made my transition into EPC easier.

Over the past month I have been so impressed by the dedication and passion of everyone in the EPC team to ensure that our clients and their carers are fully supported in their journeys. The interdisciplinary approach to the care provided is so important and of course our wonderful volunteers enhance our service offering.

I am very passionate about the consumer voice strongly informing our model of care and look forward to expanding the ways we do this at EPC. For any of you that are interested in being more involved at EPC please let us know!

I hope I get to meet some of you at our "Pound the Pavement 4 EPC" fundraiser for our Stay at Home Appeal on the 9 October! I certainly won't be running but will enjoy the walk! Please support this fundraiser in whatever way you can so we can support more people in need in our community and please come and say hi! I would love to meet you.

Gaylene Coulton
CEO, EPC

In memory of Joanna Youie...

Joanna Youie was a client of EPC in 2013. This year, Joanna's daughter Ellen Lew contacted us for advice on a donation that would best honour the memory her Mother.

We worked with Ellen to come up with a bespoke donation to areas that aligned best with her values; 2 Hospital Beds & 2 Syringe Drivers (which will be purchased with a plaque on them stating "In Memory of Joanna Youie") and sponsorship for 10 Nurses to attend our specialised Palliative Care Course.

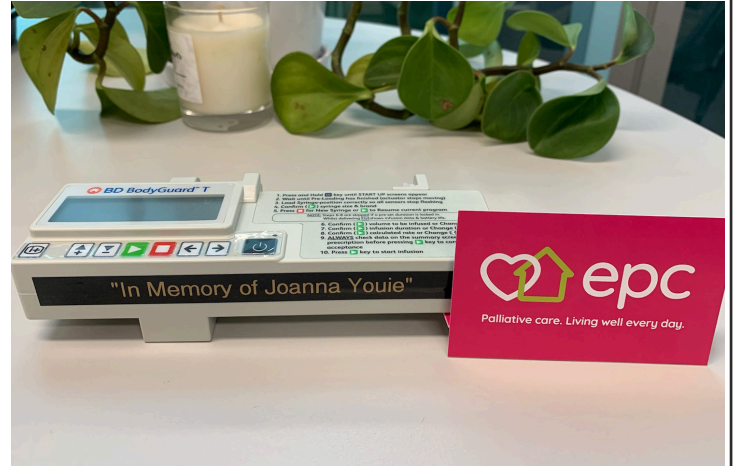
Below is an excerpt from the CEO's letter to Ellen thanking her for the donation:

"Thank you for choosing to donate \$21,400 in appreciation of the care we provided for Joanna.

The funds provided by you will be designated to areas in which we have a real need and normally require significant outlay, so your help in these areas is greatly appreciated.

Having hospital beds, pressure care mattresses and syringe drivers available for our clients are essential for the care necessary to enable them stay at home.

Training nurses in professional palliative care is vital for the health of our community. We are thrilled to receive your sponsorship for 10 worthy recipients of this course."



There are many ways you can help EPC to continue providing care and support to those with life-limiting or terminal illnesses and their carers.

If you would like to learn more please visit our website epc.asn.au/donate

Or to discuss a bespoke donation such as Ellen's please contact Emily Gurr - Community Engagement and Fundraising Coordinator at egurr@epc.asn.au or call 1300 130 813

Testimonials

We are always receiving kind messages from our clients, carers & community about our services. Below is a recent quote received:

The exceptional care from the staff at EPC was instrumental in allowing our mother the peace and safety of remaining in her family home with her husband of sixty years, her children, grandchildren and great grandchildren.

- A Carer

EPC Working Groups

EPC has a commitment to narrowing the gap between good intentions and outcomes for clients, carers and the community that we serve. As such, we have established two Working Groups for these important initiatives.

Kylie Draper our Manager of Nursing and Medical Services is heading the Reconciliation Action Plan to work through how the organisation can best support First Nations people.

Tania King, Manager Allied Health is heading the Diversity and Inclusion Working Group, to develop a meaningful plan to better support LGBTQIA+, culturally and linguistically diverse populations. We look forward to sharing the results.



POUND THE PAVEMENT 4 EPC

Registration Closes Soon!

EPC's inaugural fun run event is going to be a great day and you're invited!

On **Sunday 9 October** the track around Lillydale Lake will turn into a sea of pink, white and green as adults, children and a few four legged friends all join together to celebrate and support EPC.

The starters siren will go off at 10am to begin the 2 laps of the lake (5km), all at your own pace. As it's a 'fun run' there's no time limit.

Your friends and family are all invited to be a part of the fun. Why not get a team together from your workplace or interest group? If you can't walk the Lake we'd still love your support. You could donate to the event, come along to cheer the participants and enjoy the gathering.

All funds raised go to EPC's Stay at Home Appeal – to support our most needed services required to care for our clients at home, and to die at home if that is their wish. Although EPC is funded by the State Government there is a gap between our funding and the actual cost of our care. Our Government funding has not substantially increased for 3 years.

Let's beat our target of \$20K!

Don't miss out on this fun event, Register via the QR Code above or at www.epc.asn.au/events Adults \$10 each. Children (Under 16) are free. Every Adult ticket holder receives an event goody bag and medal. **Register by 5th September to get a T-Shirt.**



A fond farewell for Jeanette Moody



On Wednesday 27th July we held a Farewell Afternoon Tea for our outgoing CEO, Jeanette Moody.

Committee Members, Staff and Volunteers enjoyed some sweet and savoury treats at our Mitcham office and shared in stories of Jeanette's time at EPC.

We heard from Margaret Stewart - Chair, Committee of Management, Kylie Draper - Manager Nursing and Jeanette herself gave an emotional speech. Jeanette was then presented with her parting gift; a beautiful sculpture of a lyrebird which she says will take pride of place on the deck at her new home.

Jeanette finished up on Friday 29th July and we wish her all the best in her retirement.

Community Speakers Program

EPC provides a wide range of support services through community palliative care.

Specially trained volunteer speakers help bring awareness of home-based community palliative care through our Community Speaker Program. Our Community Speakers are experts in palliative care and all that is involved with being taken care of at home.

Our Community Speakers provide free presentations to community groups, workplaces, friend groups and organisations that go anywhere from 30 minutes to one hour. They can tailor their presentation to your needs, and are happy to answer questions at the end.

To book your FREE presentation or learn more visit epc.asn.au/education



In lieu of flowers

Thank you to the families of the following people, who arranged for donations to EPC in lieu of flowers at their memorial service. We are most grateful that you thought of EPC during such a difficult time.

Meropi Gabrielson

Beatrice Scarfe

John Duncan

Heather Peterson

Jean Vickers

Barbara Hicks

Ethan De Jesus

Helen Gurr

Planning a service or memorial is a difficult time. You may not wish to receive flowers or you may wish to thank EPC publicly. Requesting donations to EPC in lieu of flowers is a way to do this and also provides a way for others to express their condolences and honour their memory. For more information visit 'In Memoriam' at www.epc.asn.au

Personal Fundraiser

Thank you to Rosa Licciardi who held a raffle at her hair dressing salon.

Thank you to Janice Higlett who asked for donations to EPC in lieu of birthday gifts on Facebook

Gifts in Wills

Thank you to The Estate of David Bird and The Estate of Elizabeth Royce for their recent gift.

In Memoriam

Thank you to the families of Heather Peterson and Barbara Hicks who arranged In Memoriam pages on EPC's online donation page.

Christmas Cards

Support EPC this Christmas and send your friends and family a thoughtful message in one of our Christmas Cards. Available now at \$2 each.

Simply call 1300 130 813, pay over the phone and receive them via post (postage charges will apply). OR if restrictions have eased, you can purchase them in person from our Mitcham office.



Key Dates

EPC client services available on all public holidays

21 September	Introduction to Palliative Care, PCA Course
5 October	Introduction to Palliative Care, RN Course
9 October	POUND THE PAVEMENT 4 EPC Fun Run
16-22 October	National Carers Week
8 November	EPC Annual General Meeting

If this newsletter has arrived at a difficult time, **we sincerely apologise**. We understand the difficulty in moving on after experiencing a loss. If you would like bereavement support, **please contact us on 1300 130 813**. Although the majority of our funding comes from Government sources, EPC also relies on community fundraising, bequests and donations to maintain the wide array of services and programs we provide. All donors are added to EPC's quarterly newsletter mailing list. To receive this via email instead of your postal address, or to opt out, simply call us or email fundraising@epc.asn.au

Telephone 1300 130 813
Address PO Box 2110, Rangeview, Victoria 3132
E-mail contactus@epc.asn.au
Website epc.asn.au

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