

Palliative care. Living well every day.

June Edition



2
Pound the Pavement 4 EPC
Sunday 9th October!



2
EPC's Stay at Home Appeal



3
EPC's 2022 Online Auction
Breaks its record!



4
Now Recruiting Volunteers
Your visit changes the day

Message from Jeanette



EPC is an amazing organisation and I am heartened by the progress and the reputation that we have in the community. It is with some sadness that I have announced my retirement. I will be leaving EPC in July or August, when the new CEO commences.

When I reflect on the last 14 years or so I am astounded at the changes and the progress we have made.

It is a privilege to work with people who are dying and although I do not visit clients I am working with staff and volunteers who are fully committed to supporting every client in the best way possible.

I believe our community is becoming more aware of our services and understand that people can be supported at home and they can die well at home if that is their wish. I believe this change has accelerated because of COVID – as now so many people do not want to go to hospital.

In 2008/09, when I started, we had 1088 new clients that year. In 2020/21 we had 1696 new clients. As part of this significant growth, our full-time equivalent staff has risen from 55 in 2007/08 to now 89 in 2020/21.

We are a larger more complex organisation. We are vitally important to our community so people can choose to be cared for and to die at home.

We remain fully accredited with the Australian Council on Health Care Standards. The standards we are measured against have risen during my time and I see these changes as being vital to supporting our community.

We now have a Consumer Advisory Committee that links us directly with those who have used our services. We will not get everything right with every person but I know from the cards and letters we receive that we are listening and supporting our community with wonderful services that extend for 13 months into the bereavement time.

The opportunity now is to remain responsive to our community and best practice community palliative care.

I do not do this job alone. The staff are our biggest asset. Clinical staff know and understand the work that is required when someone is dying. Our volunteers are vital to our work and they are connected with clients and carers in the most precious ways. Our administrative staff work so well in supporting our clinical staff – we could not manage without them. Staff and volunteers regardless of their role all belong to the one Team – that is EPC.

I also need to thank all our external community supporters – where would we be without you. From donors, to businesses that support EPC each time we ask for help– you too are all part of the great organisation that is EPC.

I thank the EPC Committee of Management for valuing me and for the opportunities they have provided. I wish the organisation continued success into the future.

Jeanette Moody
CEO, EPC

Jeanette has been our leader for more than 14 years and will be sorely missed. On behalf of the staff and volunteers, I thank her for all she has done for EPC. Her leadership has brought us to the wonderful place we are today, as a vital service for our community.

Peita Carroll – Manager HR, Volunteer Services and Communications

Pound the Pavement 4 EPC

Sunday 9th October

Registration opening soon to this fabulous Fundraiser!

You are invited to EPC's first ever fun run (or walk)! **POUND THE PAVEMENT 4 EPC** on Sunday 9th October, starting at **10am at Lillydale Lake**, in Lilydale.

This is an all ages, all ability event to raise funds for EPC's 'Stay at Home Appeal' (see below). Simply walk or jog a 5km route around the Lake, then enjoy a BYO morning tea with everyone at the Lillydale Lake Community Room and parkland area. Families and friends are all welcome – you can even bring your dog! Save the date and plan for a fun day at Lillydale Lake that will help those in our local community fulfill their wish to receive palliative care at home.

There will be a prize for the highest individual fundraiser and the highest fundraising team.

Subscribe to our mailing list via epc.asn.au to find out when registration opens.

Send Enquiries to:
events@epc.asn.au



Introducing EPC's Stay at Home Appeal

Pound the Pavement 4 EPC is raising funds for our EPC's Stay at Home Appeal. This Appeal will help cover the cost of specialist services which assist EPC clients receive care at home for as long as possible if that is their wish.

There are many things that help to assist people to stay at home and sometimes these are critical and urgent and need to be acted on quickly.

Over the last 2 years, demand for EPC's services has increased at a higher rate than our government funding. EPC's 'Stay at Home Appeal' will assist to fill that funding gap.

You can donate to this appeal in one of the following ways:

- **Fill out** the donation form in this newsletter and post, email or SMS back to EPC
- Go to our **website** – epc.asn.au – and click on the Donate button at the top right
- Using your **fundraising page** after you register for Pound the Pavement 4 EPC

Send enquiries to: fundraising@epc.asn.au



EPC's 2022 Online Auction breaks its record!

We are thrilled to announce that **we beat our target and raised \$8,350** from EPC's 2022 Online Auction! This is a higher amount than what was raised in our first ever Online Auction in 2020 - \$8,200

Congratulations to everyone who placed a winning bid, and thank you to those that bid on the items. We could not have held this event without the support of all of the amazing local businesses below who generously donated all the items for the auction. 100% of all auction items were donated by these groups.

Thank you to those that shared, liked and/or commented on our social media posts about the auction. We also really appreciate those that made a donation on the Online Auction page. Without your additional gifts we would not have beat our target. To all our generous friends and supporters - thank you from the bottom of our hearts. We hope that you had as much fun as we did!

Amount Raised:
\$8,350
Thankyou!

Thank you to our online auction sponsors...



Entertainment membership

Buy an Entertainment Membership and support EPC! With thousands of offers across dining, shopping, entertainment and meals a membership will give you more of what you enjoy, for less, and you will give back to EPC at the same time.

To buy yours now go to epc.asn.au/fundraising



Now Recruiting Volunteers

Your visit changes the day

Eastern Palliative Care Volunteers bring a sense of community and normality to people living with a terminal illness in Melbourne's eastern suburbs.

Current opportunities include:

- **Biography** | Over 1,400 stories published by award-winning volunteer team
- **Companionship & outings**
- **Dog walking** | Helping keep fur babies active
- **Photography** | Capturing precious moments
- **Hairdressing** | Helping people shine
- **Support for carers**

Visit epc.asn.au or call us for a chat on 1300 130 813



Do you need to make a Will?

Here is an easy and inexpensive way...

Wills have traditionally been too expensive or complicated for most people. Only those who had the time and money to see an expensive lawyer could get a Will and protect their family. But Wills were meant for everyone.

That is why EPC has teamed up with Safewill who are on a mission to make Wills affordable and easy enough for everyone to safeguard their life's work. Their team is passionate about combining detailed legal knowledge with modern technology, to change the way that all Australians think about Will writing.

Their modern approach to Wills means that you can start, complete, and update your bespoke Will anytime, anywhere. No lawyers fees, no hidden costs, no appointments. Just smart Wills for modern life.

If you are ready to write your Will, visit epc.asn.au/donate to read about how it works and start writing anytime you are ready.

To find out more you can also visit safewill.com.



**Write your Will
online. Today.**

EPC and Safewill have teamed up to make Wills easier and more affordable than ever for you!


Visit safewill.com/epc50 for a special offer

Donate in June, get it back in July!

Claim your donation to EPC at tax time!

Don't forget to claim your donation to EPC when lodging your tax return this year. With the cost of living and interest rates increasing we want you to make sure you get the most out of your generosity. 100% of your donation to EPC will go directly to client care and any donation over \$2 is tax deductible. EPC is government funded however there is a large shortfall between our funding and the cost to run our services. Donations, bequests and fundraising assist us with this gap. We appreciate every dollar that is kindly given to us. Thank you to those that make their annual donation at this time. It greatly assists us with our planning for the next financial year. Your donation makes a real difference to those in our local community living at home with a terminal diagnosis.

Donate to EPC There are many ways to donate to EPC, simply choose one of the options below that is easiest for you.

 **Complete** this form and return via one of the three methods below;

 **Call** on 1300 130 813

 **Click Donate**  at www.epc.asn.au

- 1. Mail** via enclosed reply paid envelope, or
- 2. E-mail** a copy of the completed form to fundraising@epc.asn.au, or
- 3. SMS** a photo of the completed form to 0404 912 875

I would like to make a tax deductible donation* of

\$_____ (please nominate)

One-time gift Monthly recurring gift

Name _____

Address _____

Suburb _____ State _____

Postcode _____

Phone _____

Email _____

My donation is in memory of _____

Method of payment

Cardholders name _____

Signature _____

Visa Mastercard Amex

Cheque/Money Order
(payable to Eastern Palliative Care Association Inc.)

Card Number
□□□□ □□□□ □□□□ □□□□

Expiry date
□□ □□ * All donations \$2 and over are tax deductible.
Receipts are sent to the payee.



Please direct my payment to

Equipment Hire Financial Hardship Appeal

Stay at Home Appeal

Overnight Respite Services Appeal

General Donations

I have already included EPC in my Will.

Please send me information about leaving a bequest to EPC.

I am considering leaving a gift in my Will to EPC.

All information is collected in accordance with **EPC's Privacy Policy** (no spam). If you would like **further information** about EPC fundraising activities or to read our **Privacy Policy**, please visit our website (www.epc.asn.au).

In lieu of flowers

Thank you to the families of the following people, who arranged for donations to EPC in lieu of flowers at their memorial service. We are most grateful that you thought of EPC during such a difficult time.

Patricia Sikorski

John Strugnell

Frank van der Linden

Planning a service or memorial is a difficult time. You may not wish to receive flowers or you may wish to thank EPC publicly. Requesting donations to EPC in lieu of flowers is a way to do this and also provides a way for others to express their condolences and honour their memory. For more information visit 'In Memoriam' at www.epc.asn.au.

Gifts in Wills

Thank you to the Estates of Beverley Cartlidge and Stanko Milos for their recent gifts.

Personal Fundraiser

Thank you to Greg Carrick and Sami Brouwers who each recently set up an online Fundraiser for EPC on Facebook. We appreciated this kind and generous gesture. If you would like to set up a Fundraiser (in lieu of birthday gifts, in memory of a loved one or just for fun) email fundraising@epc.asn.au or phone 1300 130 813

2022 Key dates

EPC client services available on all public holidays

16-22 May	National Volunteer Week
22-28 May	National Palliative Care Week
27 May	Donor Appreciation High Tea*
9 October	Pound the Pavement 4 EPC
14 October	Carers Morning Tea*
16-22 October	National Carers Week

*Pending Covid Restrictions

If this newsletter has arrived at a difficult time, we sincerely apologise. We understand the difficulty in moving on after experiencing a loss. If you would like bereavement support, please contact us on 1300 130 813. Although the majority of our funding comes from Government sources, EPC also relies on community fundraising, bequests and donations to maintain the wide array of services and programs we provide. All donors are added to EPC's quarterly newsletter mailing list. To receive this via email instead of your postal address, or to opt out, simply call us or email fundraising@epc.asn.au

Telephone 1300 130 813
Address PO Box 2110, Rangeview, Victoria 3132
E-mail contactus@epc.asn.au
Website epc.asn.au

Stay up-to-date with EPC by
subscribing on social media:



Visit our website epc.asn.au to receive our newsletter by e-mail. Email contactus@epc.asn.au to unsubscribe.

Copyright © 2022 Eastern Palliative Care Association Inc.



Eastern Palliative Care is a partnership between the Order of Malta, Outer East Palliative Care Service Inc. and St Vincent's Hospital (Melbourne) Ltd



Eastern Palliative Care acknowledges the support of the Victorian Government